

A HEALING PRAYER

There is a Presence, there is a Power, there is a Creative Force in the Universe and we are one. We are one with the birds of the air, the animals of the earth, the fish of the sea. We are one with the plants, the flowers, the trees. We are one with the oceans and the winds, the deserts and the lush vegetation. We are one with the high mountain peaks and the depth of the valleys, the snow of winter and the soft rains of springs. The same Presence and Power that flows through them flows freely through us. We are one with our brothers and sisters, mothers and fathers, friends and strangers. And in this oneness there is no space, no distance only the flow of unity and connectedness of purpose and service to each other.



We accept and know that this spirit flowing through us is perfect, whole and complete and thus we are perfect, whole and complete. We are healthy and anything that denies this perfect health is eliminated in accordance with Universal Law. Right now, right this very instance every cell in our body is responding to the healing vibration of perfection, the healing vibration of wholeness, the healing vibration of completeness - for that is our natural state of being. And anything that tells us otherwise is released from our consciousness. We focus on the truth of our being, our wholeness, our completeness, our health. There is a new energy of awareness, of excitement in the cells as they respond to the truth of their being. This vibration is increasing and the shift in consciousness, the shift to wellness is felt and seen. There is nothing that can hold us back from our good, our wellness. Everything is in Divine Order and progressing in solutions. Any problems or setbacks are immediately and easily dealt with and we are back on track and moving in a positive healing direction. All the people that we need to support us on our healing journey are coming forward; and, this support is in a kind and gentle manner for all. All the resources that we need for our healing journey are already on their way. Everything, yes, everything is being supplied to us. There is no lack, no limitation, no hesitation on our part. We accept and KNOW right action, and keep moving in solutions with our eyes focused on the perfect health, the perfect idea of who we really are.

We give thanks to the ever-abundant Universal Principle knowing that even before we ask, our needs are being taken care of. We give thanks for the truth of our true identity – perfect, whole and complete. And this truth sets us free from all the appearances and behaviors that seem to the contrary. We give thanks for the healing and health of our self, our planet and the universe for we are all connected. As one heals, we all heal and come into balance.

Releasing these words to the Creative Force of the Universe to manifest in full measure, we rest in the knowing that we are healthy in truth and action.

And so it is. And we let it be.

