

Charlie House Plant

This is a true story that has assisted many on their healing journey.



Once upon a time on a day similar to today, a man was visiting a friend and praising the great care the friend took in sustaining and maintaining his home. Everything was quite lovely with the exception of one rather small houseplant. The plant was scraggly and leggy with only a few small wilted yellow leaves. The soil was dry and pulling away from the sides of the pot. Over tea the man asked his friend about the plant, which seemed so out of place with all the other lush plants. The friend replied that he had the plant for over six years and the creeping Charlie certainly was not creeping nor flourishing as the other plants.

At the end of his visit the man asked if he could take a cutting with him. The friend hesitated because the plant was doing so poorly, but finally said that it was OK.

Upon arriving home the man placed the cutting in fresh soil, watering it deeply and then placed the plant in a window to get gentle sunlight. The man proceeded on with what he needed to be doing. In the ensuing days not much thought was given to this cutting except to water it occasionally.

One day a new leaf appeared, then another and another. In time the plant needed to be repotted and it continued to flourish. The leaves became thick, lush and dark green in color. It continued to grow and grow.

One day while admiring the beauty of the plant, a simple yet profound realization emerged. While neither the parent plant nor the cutting had ever experienced its full potential, the Perfect Idea of what it really was lay deep inside it AND it had access to that perfect idea. All that was needed was an opportunity to express this Perfect Idea.

This same expression of perfection is true for all of us as well. While we may never have experienced our true potential, the Perfect Idea of who we are and what we are is contained within us. This creeping Charlie houseplant provides us with a doorway into wellness. No matter how far from health, how far from happiness, how far we might have come, we ALWAYS have the opportunity to find and express our true nature.

Blessed Be,

Carole Ann

